

TOP 5 TIPS FOR PROVIDING OPTIMAL CARE TO SENIOR PETS

#1 ADAPTED EXERCISE ROUTINE

While exercise is important, it's essential to adapt the routine to your senior pet's needs. Shorter, more frequent walks and gentle playtime help maintain their physical and mental well-being without overexertion.

#2 MENTAL & SENSORY STIMULATION

Engage your senior pet's mind with puzzles, interactive toys, and gentle training sessions. Mental stimulation can help keep their cognitive functions sharp and prevent boredom. Enhance your senior pet's environment with sensory stimulation. Gentle music, calming scents, and visual cues like bird feeders outside windows can engage their senses.

#3 PROPER WEIGHT MANAGEMENT

Maintaining a healthy weight is crucial for senior pets, as excess weight can exacerbate joint issues and other health problems. Work with your veterinarian to establish a suitable diet and feeding schedule.

#4 COMFORTABLE RESTING AREAS & SAFE EXPLORATION

Senior pets may experience joint discomfort, so providing cozy and supportive bedding helps alleviate pressure on their joints. Consider orthopedic beds that offer extra cushioning. Senior pets still enjoy exploring, so create a safe and enriching environment indoors. Provide comfortable perches, hiding spots, and easily accessible windows for them to observe the world.

#5 GROOMING & HYGIENE

Regular grooming is important for senior pets' well-being. Brushing their coat helps prevent matting, and maintaining their nails and oral hygiene contributes to their overall health.

